

## Margin-Technology

**Text:** 1 Corinthians 6:12; Romans 12:1-2

**Purpose:** Evaluating and learning to use technology so it can be soul enhancing instead of soul depleting.

**Opening Question:** *Favorite piece of technology and why?*

**Read and Discuss:** 1 Corinthians 6:12; Romans 12:1-2

1. *How is technology helpful in your life? How can technology be a distraction in your lives?*
2. *What does technology give to us? Why do we use it so much?*
3. *In 1 Cor. 6, what are some things in your life that you have permission to do but don't because it's not beneficial? How does technology fall into that?*
4. *In Romans 12, what does it look like for our bodies to be "a living and holy sacrifice"?*
5. *Share a time that God transformed you by "changing the way you think".*
6. *What's one change you can make with your technology use that can give you more margin for connecting with God?*