

## **But First, Joy-Source of Joy**

**Text:** Luke 1:26-52

**Purpose:** Because life is full of challenges our joy can diminish. This discussion we learn through the birth of Christ how to keep joy in front of us.

**Opening Question:** *Are you a cup is half full or half empty person?*

**Read and Discuss: Luke 1:46-52**

1. *Reading through this story, does God want joy for us?*
2. *What would be your reaction if you were Joseph or Mary? What leads them to follow God in this with faith?*
3. *When have you experienced a sudden shift or unexpected life circumstance? How did you first react? How was God a part of it?*
4. *What stands out to you about Mary's song?*
5. *How do you practice joy when you face the unexpected in life?*
6. *What kinds of things can you pray for this year that lead you to joy?*